Title: Mental Health Observatory, academic training in Psychology and well-being indicators for children and adolescents.

## Alice Maggi

Psychologist and Professor at the University of Caxias do Sul (UCS): Graduated and Professional Master in Psychology. Internship Supervisor. Specialist in Psychopedagogy and Health Education. Master in Developmental Psychology (UFRGS) and PhD in Clinical Psychology (PUCRS). Coordinator of the research project: OBSERVASM: Mental Health Observatory - the research qualifying the services.

## Bruna Valduga Dutra

Medical Student at the University of Caxias do Sul (UCS). Attended a period of her graduation as an exchange student at the Università Degli Studi di Padova (UniPd), Italy, at the Azienda Ospedaliera di Padova - Policlinico, in 2020. Scientific initiation scholarship holder for the research project: "OBSERVASM: Mental Health Observatory- the survey qualifying the services." Has interest in the area of Surgery.

## Luana Valduga Dutra

Medical Student at the University of Caxias do Sul (UCS). Vascular Surgery Monitor for two semesters of graduation, current monitor of the University's Mentoring program. Volunteer Researcher of the research project: "OBSERVASM: Mental Health Observatory - research qualifying services." Interested in Surgery and Dermatology.

The present study is in line with the conference topic, in that it prioritizes childhood and adolescence, detailing the documented production of an institutional repository, analyzing the themes that have been chosen for the final papers for the course - TCC - in Psychology of a University in the southern region of Brazil. It is expected to establish opportunities for integration between the themes, articulating with services at the University itself, extending to external services in the city and region, as well as proposing future field studies addressing children and adolescents with regard to well-being indicators. The TCCs reflect, to some extent, the theoretical, practical, internships and other

activities carried out throughout the Course, which is why they also represent the directions of Professors, Psychologists and the health needs themselves evidenced in the surroundings. This is a quanti and qualitative study of secondary data corresponding to the years 2019, 2020 and part of 2021. From the available abstracts, a spreadsheet was created, characterizing them in various dimensions. The partial results indicate that out of the 106 analyzed abstracts, 46,9% address the issue of childhood and 26,5% of adolescence. 100% were qualitative studies, 87,7% were exploratory. As for indicators, 26,5% studies explore situations in which children and adolescents with their families are focused on the pursuit of their well-being throughout their lives. This is because they show, both with regard to the cognitive – general satisfaction with life and with regard to the affective, happiness or sadness. It is concluded, so far, and with the analyzed sample, that such results allow us to suppose that the theme of childhood and adolescence continues to constitute a need for continuous investigation and study, not only because of the individual interests of the students, but also because of the very contexts of the clinic, school, community and social demand it, due to the changes they are permanently facing. The other areas of study also correspond to what is estimated for training in Psychology because they prospect interventions in partnership with public health, education and safety policies for other age groups and also in other contexts. Continuing, it is suggested the articulation of such results both with the internal public academic group - as well as others involved in health and mental health services, in order to bring these studies closer to the contexts in which such interventions can be expanded and applied and, even more, they focus on the testimonies of the children and adolescents themselves in their family, social and community daily life.